

SALA BARRE

	Lunes	Martes	Miércoles	Jueves	Viernes	SÁBADO
7:15						
8:15				PILATES FIT	BARRE SLOW	
9:15				LEG&CORE	PILATES FIT	
10:15						BARRE SLOW
11:15						BARRE SLOW
12:15						
13:15						
14:15						
15:15						
16:15						
17:15					BARRE SLOW	
18:15	BARRE SLOW	BARRE SLOW	BARRE SLOW	PILATES FIT	PILATES FIT	
19:15	BARRE POWER	BARRE POWER	BARRE POWER	YOGA	BARRE POWER	
20:15	BARRE POWER	PILATES FIT				